

ESTATE TO PLATE

BREAKFAST

*Locally grown and
locally sourced*

Continental Breakfast

\$40

Light and healthy. Fruit parfait, granola, pastry and toast

Local Breakfast of The Day (V)

\$46

A must try and local favourite. Saltfish & coconut bakes owith fried plantain, sweet potato or seasonal breadfruit, served with local cocoa tea

Eggs On Toast

\$40

Fresh eggs from the estate, cooked the way you like them

Grenadian Style French Toast

\$40

Cooked in an egg mixture with local cinnamon & nutmeg, served with a side of fresh fruit, with scrambled or boiled eggs

Breakfast Platter

\$60

2 scrambled eggs, sausage, beans, fried plantain and toast

Spanish Omelette of The Day

\$40

Eggs fresh from our estate chickens, with today's vegetables, potatoes & cheese, and a side of toast

Stacked Pancakes (v)(gf)

\$40

Pumpkin, banana, chocolate, oatmeal, cinnamon, or nutmeg, topped with Grenadian honey or maple syrup. Add bacon for crunch! \$6

Veggie Toast (V)

\$40

Vegetables on toast, topped with fresh tomatoes, basil & olive oil. Add an egg of your choice \$5

Breakfast Quesadilla with a Caribbean Twist

\$45

Stuffed with fluffy scrambled eggs, beans & cheese then grilled to melted perfection, with a side of salsa. Or request a vegan/ gluten free quesadilla

All cooked meals are served with a choice of tea, coffee or juice

ADD ON'S

Toast - \$5

Fresh fruit - \$5

Bacon - \$5

Beans - \$3

Grilled tomatoes - \$3

Fruit smoothie (add yogurt) - \$23

Chef's choice hot porridge - \$5

Local cocoa tea - \$10

SPECIALTY COFFEE

Cappuccino, espresso, americano, flat white, local cocoa tea latte (hot, iced or blended) - for surcharge see coffee menu

Mimosa, Bloody Mary, Screwdriver - surcharge of \$23EC

Prices are in EC dollars and include VAT. A 10% service charge will be added to your bill.

gf = gluten free, v = vegetarian, (V) = vegan